

Know your health ...know yourself.

Welcome to GPHA's Patient Portal

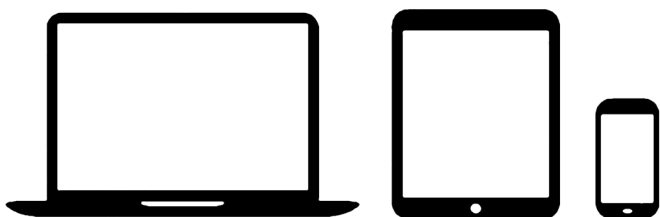
You now have convenient 24-hour access to personal health information from anywhere with an Internet

You can now view health information such as:

- Recent Doctor Visits
- Medications
- Allergies
- Check Benefits/Coverage
- Lab Results
- Contact Info
- Educational Materials
- And More

⇒ Enrolling Is Easy! Follow These Steps:

1. Enter your Security Token (given to you at the time of registration) and your email address when prompted on the Patient Portal Website.
2. Create a username & password, follow steps to request your individual Health Record.
3. Access the Patient Portal and **request your Health Record.**



Easily access the Patient Portal from Smartphones, Computers and Tablets.

Portal Website: www.nextMD.com

